

HOT TOPIC – JANUARY 2022

ALCOHOL CONCERN – DRY JANUARY

Dry January is the UK's one-month alcohol free challenge. It isn't about giving anything up. It's about getting something back. Get your fun back. Get your energy back. Get your calm back. Get your you back. (Alcohol Change, 2021)

Alcohol, Crime and Disorder

Alcohol is implicated in an enormous amount of crime and disorder and the effects on victims can be devastating.



Alcohol is a factor in around 39% of all violent crimes in England, as well as contributing to public disorder and anti-social behaviour in communities across the country.

There is an enormous amount of hidden harm associated with alcohol – through its role in exacerbating domestic and intimate partner violence, child neglect and the abuse of vulnerable individuals.

Detention and Custody

Individuals who may have consumed alcohol to any extent required an increased level of supervision and monitoring if they are held in police custody.

Alcoholism Amongst Police Officers

A study conducted by researchers at the University of Liverpool has found that one third of UK police officers and staff met the criteria for heavy drinking, and this was more common in those with a mental health problem. Men were more likely than women to drink hazardously (weekly consumption above 35/50 units for women/men). In addition 30% reported binge drinking at least two to four times a month.

Discussion Points

What is the impact of alcohol on your day to day duties?

Is dealing with alcohol 'all part of the job'?

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What key risks should an officer be aware of if someone is believed to have consumed alcohol?

I want to know more.....

[alcohol-and-drugs-in-focus-v10-final.pdf](#)
([apccs.police.uk](#))

[Alcohol and drugs](#) ([college.police.uk](#))

If you or someone you know are struggling with alcohol there are many different places to gain support.....

[Alcohol support - NHS](#) ([www.nhs.uk](#))

[Alcoholics Anonymous Great Britain](#) ([alcoholics-anonymous.org.uk](#))

[Home - With You](#) ([wearewithyou.org.uk](#))

[Self-Help Addiction Recovery | UK Smart Recovery](#)

Classification: UNCLASSIFIED